



2023

ESTORIL CIRCUIT



McLerige



FEDERAÇÃO
PORTUGUESA
DE CICLISMO

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Art. 1 - Presentation, Contacts and Stewards

1.1 - Event name - 24 Horas Bike Race.

1.2 - Date – 2023 date to be announced

1.3 - Event type - endurance cycling event in relay or *Solo* teams at the Estoril Autodrome Circuit. The winner will be the team that completes as many laps as possible on the 4.163 meters long Estoril race track within 24 hours, under the terms and rules of the present regulations. In the case of participants with the same number of laps, the order of passage at the finish line at the end of the race will be taken into account. In case of exaequo, it will be decided in favor of the fastest lap in the race and if it remains, it will be decided by whoever made it first.

1.4 - Under the auspices - Portuguese Cycling Federation (**FPC**) and also the support of the Portuguese Triathlon Federation (**FTP**) and Lisbon Cycling Association (**ACL**)

1.5 - Event organiser ⁽¹⁾

Company	Mclerige Lda
Represented by	Manuel de Mello Breyner and Pedro de Mello Breyner
Address	R. São João de Deus 1, Bl. B, Lj. 2, Qta. da Oliveira, 2500-885 C. da Rainha
Email	geral@mclerige.com

(1) From now on designated as **EO**

1.6 - Race organisation

Cargo	Name
Sporting Organization	A.C.D.M.E. - Associação de Comissários de Desportos Motorizados do Estoril
Race Director - RD ⁽¹⁾	A.C.D.M.E. - Carlos Lisboa
Race Director Deputy	A.C.D.M.E. - Fátima Carrasqueira
Technical Commission - TC ⁽¹⁾	FPC - Federação Portuguesa de Ciclismo
Pit Marshals - PM's ⁽¹⁾	A.C.D.M.E.
Track Marshals - TM's ⁽¹⁾	A.C.D.M.E.
Medical Assistance	To be defined
Media and VIP Responsible	To be defined
Timing	To be defined
Ranking and Classification	To be defined
Participants Relations	To be defined

⁽¹⁾ From now on designated as (**RD**; **TC**; **PM**; **TM**)

Art. 2 - Regulations - 24 Horas Cascais Bike Race

2.1 - Available - full regulations are available for consultation and download at our official site www.24hbikerace.pt.

2.2 - Acceptance and observation - by formalizing registration to this event, the participant understands and agrees to accept, respect and comply with the rules of the regulations, reserving the **RD**, the right to apply sanctions, which may result in exclusion or disqualification from the race, to those who do not respect it, or in any way, harm the good name, image and prestige of the race or any of its promoters. No liability can be attributed to **EO** for any damages that may result from such a decision.

2.3 - Annexes and additions - they are prepared by the **EO** and are intended to modify, clarify or complete these regulations, and therefore became an integral part of these with immediate effect.

2.4 - Official text - this regulation is also drafted in French and Portuguese. In case of any divergence of interpretation, the Portuguese text shall take precedence.

Art. 3 - Participants - General Points

3.1 - Participants - the **24 Horas Bike Race**, is an event open to participants of any nationality, licensed or not, and each participant can only be part of one team

3.2 - Licensed participants - must physically present their license at the registration desk and include their licence number on registration form.

3.3 - Non licensed participants - can enter the competition but must subscribe to an insurance, which is included within the entry fee.

3.4 - Minors participants - are allowed to take part in the competition as long as they are 15 years old or older during the year 2023. They can only enter the *Sport*, *Open* or *Friends* categories and have to present a certified parental authorization. They can only ride during the Day Period.

3.5 - Paracycling participants - can enter the competition but must physically present their license at the registration desk and include their number on registration form.

Art. 4 - Team - Team Leader, Assistants and Children

4.1 - Team - includes the participants and the team leader. The same person can undertake both functions.

4.1.1 - Solo - designated as a *Solo* team for ease of interpretation.

4.2 - Team leader - will act as spokesperson for the team when communicating with **EO** and **RD**. Such a person will also have access to the pit wall and relay zone. For the *Solo* category we suggest that one of the organisation's assistants or guest of the participant be the team leader.

4.3 - Assistants - these can be auxiliary staff of the organisation or the guests of the participants but they will only access to the pits, terrace and Paddock Village.

4.4 - Children - will only have access to the Paddock Village when accompanied by guardian/s. Guardian/s must take responsibility to ensure that children do not interfere in any way with the functioning of the participants in the Paddock Village.

Art. 5 - Equipment

5.1 - Authorized bicycles - road, BTT, Triathlon and Fixed-gear bicycles will be permitted as long as they have no kind of motorisation. all types of authorized bicycles can coexist within the same team.

5.2 - Non authorized bicycles - for the purposes of clarification, these include the following; electric, unicycles, tandems and bicycles fitted with accessories that can increase the risk of injury in the event of an accident (external drum holders, suitcases, holders and other accessories identified by the **TC**) or any bicycle that does not fall within the preceding paragraph.

5.3 - Para-cycling or hand cycling - must ride with a vertical signaling device (flag) placed 1,5 m from the ground. They cannot circulate during the night time.

5.4 - Reserve bicycles - authorized only on the *So/o* category and must have the **Verified Seal**.

5.5 - Lighting - a white or yellow light must be mounted on the front and a red, non-flashing light on the rear and must be switched on during the night time or whenever the **RD** indicates.

5.6 - Helmet - is mandatory and must be properly fastened whenever the bike is moving with the participant on board, be it in the pit lane, relay zone or track.

5.7 - Clothing - for a better identification of each team it is recommended that all team members wear similar clothing (colors and logos).

Art. 6 - Entries - Registration Terms

6.1 - Where - only on the website www.24hbikerace.pt.

6.1.1 - When - registration is open since..... and closes at 24:00 on..... with standard entry fee until..... and aggravated after..... according to the table published in Art. 7.2.

6.2 - Team registration - must indicate the category to which they have subscribed, as well as the names of their participants, and will be only considered effective after payment.

6.2.1 - Assignment of competition number - upon registration and by order of arrival.

6.3 - Replacement of a team member - may be made until the closing date of entries. After this date will only be allowed with **EO** authorization and duly supported justification.

6.4 - Team name - when registering, the Team leader must indicate a team name which may be a club, association, group, sponsor, etc. **EO** reserves the right to refuse the name if it is or may be considered offensive, misfit or with political or religious connotations.

6.5 - Entry payment - it is made through **VISA** payment on the official website.

6.6 - Accreditation - at the Estoril Autodrome in a place to be designated, either by the team leader on behalf of the team, or by each individual team member, who must present identification documents or legible copies thereof and valid license in case of **FPC**, **FTP** or **ACL** participants.

6.7 - Participation kit - a bag with all the information about the race, identification bracelets and access to the different spaces is given to the team leader or his team members. These bracelets must be immediately placed on one wrist of each participant.

6.8 - Scrutineering - will take place at the Estoril Autodrome after accreditation, in a place to be designated, for verification of security items (brakes and lights).

6.9 - Timing chip - must be mounted on one of the forks of the bike and must remain until the end of the race, not being allowed to exchange chips. After this operation the participant receives the **Verified Seal**.

Art. 7 - Team Categories - Registration Fees

7.1 - Categories - participants can be registered in teams according to the number of members and their gender, as shown in the table below.

Categories					
Solo	(1 Participant)	Male	Female	-	Adult
Duo	(2 Participants)	Male	Female	Mixed	Adult
Sport	(3 a 4 Participants)	Male	Female		May include 1 minor
Open	(5 a 6 Participants)	Male	Female		May include 2 minors
Friends	(7 a 8 Participants)	Male	Female		May include 3 minors

7.2 - Registration fee

Categories	Participants	Until.....	After.....
Solo	1	45 €	65 €
Duo	2	90 €	130 €
Sport	3 or 4	135 € or 180 €	195 € or 260 €
Open	5 or 6	225 € or 270 €	325 € or 390 €
Friends	7 or 8	315 € or 360 €	455 € or 520 €

(All values include TVA 23%)

Note: The maximum number of accepted entries is 500 teams (including Solo), however for safety or logistical reasons this number may be changed by **EO**.

7.3 - Special fee - federated athletes from **FPC**, **FTP** or **ACL** benefit from a reduction of **5,00 €**.

7.3.1 - Registration closes - Date to be announced

7.4 - Registration includes:

- Participation in **24 Horas Bike Race**;
- Front number identification panel;
- Access to Paddock Village, street food area and programm activities;
- Access to one massage per participant, subject to availability;
- Allocated space within one of the pits or in a joint tent;
- Gift kit for each participant;
- Access to the supply zone (water and fruit);
- Access to breakfast;
- Access to interior parking on the paddock subject to availability;
- Access to toilets and showers;
- Access to power and free WIFI;
- Access to a lighted track;
- Safety conditions implicit in a closed circuit;
- Track marshals throughout the track;
- Pit marshals;
- Logistics and organization with experience in closed-circuit competitions;
- 24 hours medical assistance;
- Access to the technical assistance zone;
- **Timing System**
- Supply of a fixed active electronic chip, to be attached to the bicycle;
- Live race classifications on screens within the Paddock Village
- Online access to live race classifications by mobile phone or PC, in their own application;
- Final classifications and diplomas after the race (digital version on the official website);
- **Access to Paddock Village**
- Exhibition areas;
- Various animations;
- Demonstrations and beginners guide to all types of bicycling;
- Sponsors stands;
- Pop/Rock concert - Saturday at 21:30;

Art. 8 - Identification - Number and Attachments

8.1 - Color and ID number - each registration category will be colour coded. Teams in the *Solo* category will have numbers only while teams in the *Duo*, *Sport*, *Open* and *Friends* categories have the same number followed by a letter.

8.2 - Front number attachments - each participant must attach their allocated front number identification panel to the front of their bike, otherwise, **TM's**, **PM's** and **RD** will prevent them from accessing the track. It is the responsibility of the Team leader to ensure that the correct number is attached to the bicycle of the corresponding participant.

Art. 9 - Camping Cars, Barbecues, Toilets, Showers and Parking

9.1 - Camping cars - the registration fee includes the possibility of access to this free space, but this is limited and an assigned on a first-come-first-served basis.

9.2 - Barbecues - are **NOT** allowed in any area of Estoril Autodrome.

9.3 - Toilets and showers - available at Estoril Autodrome facilities and also next to Paddock.

9.4 - Access to interior parking - entrance of cars to the Paddock will be through the tunnel of from which car parking will be signposted.

In the table below you can check the number of people included in the registration and the number of cars that have access to the parks, always subject to availability.

Categorie	Participants	Team leader and Assistants	Car access
Solo	1	1 + 2	1
Duo	2	1 + 4	2
Sport	4	1 + 7	3
Open	6	1 + 11	4
Friends	8	1 + 15	5

Art. 10 - Food Area

10.1 - Food area - located in Paddock Village with distinct areas:

Street Food

Free access

VIP Area

Reserved access using wristband

Art. 11 - Space - Pits

11.1 - Team - each team has a space allocated within a pits or tent that will be allocated by **EO**.

11.2 - Interdictions - it is forbidden in the pits to smoke, use musical devices, electric plates or barbecues.

11.3 - Sleeping bags or campaign beds - may be installed in their respective spaces.

11.4 - Advertising - in order to provide maximum exposure for team sponsors, teams can place canvases, flags or beach flags in their space by means of clamps or stickers. It is forbidden to drill holes in the walls or any other surface of the premises. Teams are responsible for removing all advertising they place.

11.5 - Technical assistance zone - a specific area dedicated to the repair and maintenance of bicycles is available.

Art. 12 - Ambient - Venue

12.1 - Respect for the venue and environment - Estoril Autodrome kindly welcomes the **24 Horas Bike Race** and its participants, with great pleasure and consideration. In order that everything goes according to plan, **EO** invites everyone to respect the place and the environment, keeping it clean during and after the race. For safety and hygiene reasons, it is forbidden for participants and assistants to throw garbage or urinate onto the track.

Art. 13 - Programme - Race Schedule

13.1 - Program and schedule

Friday

- Opening of the Accreditation;
- Access to Camping Cars Area;
- Scrutineering;
- Chips instalation;
- Track Testing;

Note: when testing the track, please pay attention to people and cars that are still working on the track set Testing is your own responsibility and can only be done on your bicycle.

Saturday

- Accreditation, Scrutineering and Chip installation;
- Track Testing;
- Briefing;
- Starting Grid procedure;
- Race Start at 14:00 with the duration of 24 hours;

Sunday

- Return of chips, according to Art. 13.17;
- End of Race at 14:00 and Award Ceremony at 15:00;

Date	Day	Hour	Item	Where
	Tuesday	09:00	Registration Open	www.24hbikerace.pt
	Sunday	24:00	Registration Closes	
	Friday	15:00	Entry List Publication	

Date	Day	Hour	Item	Where
	Friday	16:00	Accreditation open	Estoril Autodrome
			Access to Camping Car Area	
		16:30	Scrutineering and Chips installation	
		19:00 ⇌ 21:30	Track Testing	
		21:30	Accreditation close	

Date	Day	Hour	Item	Where
	Saturday	08:00 ⇔ 11:00	Accreditation, Scrutineering and Chip installation	Estoril Autodrome
		08:00 ⇔ 09:00	Track Testing	
		11:15	Entry List Publication	
		11:30	Briefing	
		13:00	Starting Grid procedure	
		14:00	Start of the 24h Cascais Bike Race	

Date	Day	Hour	Item	Where
	Sunday	12:00	Return of chips and provision of the finisher kit	Estoril Autodrome
		14:00	End of Race	
		14:15	Provisional Final Classification	
		14:45	Official Final Classification	
		15:00	Awards Ceremony	

13.2 - Briefing - in order to ensure the smooth running of the race and to maximize safety on the track, a briefing will be held on Saturday morning at a designated location, which is mandatory for all team leaders and strongly recommended for participants.

13.3 - Timing - chips must be firmly secured at the place indicated by the **TC** so that all laps of each participant and team are counted.

13.4 - Race - takes place on the main track of the Estoril Autodrome Circuit, with a perimeter of 4.163 meters and clockwise. The route is illuminated to its full extent during the night time. Only duly identified medical, press or organisation cars / motorcycles may circulate on the track. It is expressly forbidden to drive in the opposite direction to the race (anti clockwise) on the track, pit lane and relay zone.

13.5 - Starting grid - the starting lineup will be take the form of the original **spine Le Mans car race start**, where on one side of the track the first participants of each team will line up ordered by number assigned at entry (lowest to highest) and category (*Solo, Duo, Sport, Open and Friends*) with the participant who will start the race for each team properly equipped and mounted on his bike.

13.6 - Starting procedure - when lowering the national flag to start the race, another member of the team on the other side of the track (in the case of *Solo* the team leader or assistant) will run towards their team member (opposite) and after touching the left shoulder and passing behind, the first participant can start the race. For safety reasons, pushing the bike is forbidden.

13.6.1 - Start delayed - due to *force majeure* reasons, the **RD** reserves the right to delay the start, a decision to be announced by the microphones and at the screens.

13.7 - Relay - is the act of exchanging a participant / bicycle of the same team. The operation takes place in the relay zone in front of your box.

13.8 - Participants supply - there is a dedicated area for liquid and solid supply. It is forbidden to receive any supplies from the spectators or team members along the track. Transport of liquid container is permitted, although properly secured.

13.9 - Fault - repair and breakdown - in this case the participant must immediately leave the track for the grassy side area and go to the nearest marshal post. Then you can try to solve it yourself or with the help of another participant or a member of your team, from which you can receive the replacement part. After the repair, the participant must inform the marshal his intentions to rejoin the track. In case he can not solve the problem, he must inform the **TM** and go to his pit, using the service roads of the Autodrome. Only after his arrival at the pit will the **PM**, allow another team member to rejoin the race.

13.10 - Accident or fall - if medical assistance is required during the race the participant requiring assistance can only rejoin the race after clearance from the medical team. Otherwise, the **TM** will inform the organisation team of the withdrawal of the team member and only then can another team participant be allowed to rejoin the race. This information will be detailed on the race screens.

13.11 - Withdrawal of a participant - In this case the **TM** should remove the chip and try to get it to the timing company as soon as possible. The abandoned participant cannot be replaced.

13.12 - Team withdrawal - if a team decides to abandon the race, it must immediately inform a **PM** and return the chips to the timing company.

13.13 - Night time - **RD** sets the hours when the night time starts and ends. At this time all bikes must have their own lighting. Eventually during this period, the course may change on the straight line.

13.14 - Race strategy - the management of race strategy and relay management are free, although there is a minimum time spent on track per element of one hour accumulated over the full duration of the race.

13.15 - Pit lane speed - is automatically controlled by the chip and cannot exceed 20 km / h, otherwise the team will be penalized.

13.16 - End of race - the race ends 24 hours after it has started (except in cases of *force majeure*) after showing the chequered flag. All those who start a lap by 13:59:59 Sunday must finish the lap for it to be

counted. All others passing the finish line after the checkered flag, should immediately slow down, continue to turn one of the track and follow the directions given by the **TM's**, in order to come back to the pits by pit lane, although in the opposite direction. In case of *force majeure* to be decided by the **RD**, the end of the race may be terminated early.

13.17 - Chips return - from 12:00 on Sunday, participants who no longer will be on the track, must go to the designated area and return their chip to the timing company.

Art. 14 - Rankings and Awards

14.1 - Classifications - all categories compete for the Overall Classification, and also for the classification of the respective category. They are available in real time (online) on the competition website, through the available Paddock screens and on their devices (mobile phone included).

14.2 - Provisional final classification - published online at the screens, is available for 30 minutes, with teams having the right to make any claim or complaint during that period.

14.3 - Official final classification - following any adjudications from claims or complaints based on the provisional classifications, the final overall classifications and category classifications will be published.

Note: In order to be classified at the end, a team has to have covered at least 40% of the distance or laps that the 1st classified overall team have undertaken.

14.4 - Classifications and special awards - to be announced in due course.

14.4.1 - Older and younger participant award - will be given regardless of category and may belong to the same team.

14.5 - Awards - the **24 Horas Bike Race** winner's cup and title is awarded to the team 1st classified overall, whatever the category. There are also team cups up to 10th overall, as well as cups / trophies for the first three teams, classified into the following categories:

Categories				
Solo	Duo	Sport	Open	Friends
1º, 2º e 3ª Male	1º, 2º e 3ª Male	1º, 2º e 3ª Male	1º, 2º e 3ª Male	1º, 2º e 3ª Male
1º, 2º e 3ª Female	1º, 2º e 3ª Female	1º, 2º e 3ª Female	1º, 2º e 3ª Female	1º, 2º e 3ª Female
-	1º, 2º e 3ª Mixed	1º, 2º e 3ª Mixed	1º, 2º e 3ª Mixed	1º, 2º e 3ª Mixed

Art. 15 - Penalties and Controls

15.1 - Random controls - will be performed by **PM's** and **TM's** during the race in order to ensure the proper functioning and safety of the same.

15.2 - Infractions - **PM's** and **TM's** will seek to ensure compliance with the rules and good sportsmanship, advising the **RD** of any infractions that may have occurred, and penalties which may even include exclusion.

15.3 - Unsporting behavior - when understood as such, this may also be penalized depending on the degree of risk imposed on other participants.

15.4 - Penalties

Level 1	Warning
Overspeed on pit lane between 21 and 30 Km/h	
Intervention in the relay of unauthorized persons	
Relay out of zone	
Physical towing or being towed by another participant	
Going onto the track without secured helmet (pit lane entrance on next lap)	
Going onto the track at night time without lights (pit lane entrance on the next lap)	
Going onto the track without front race identifiers (pit lane entrance on the next lap)	

Level 2	1 lap penalty
Early or false start	
Overspeed on pit lane more than 30 Km/h	
Not respecting PM's and TM's decisions	
Throwing objects onto the track	
Stopping on the track to wait for another participant or to urinate	

Level 3	Exclusion/penalty
Aggression to another participant	Exclusion for participant and 1 lap penalty for the team

Others	Penalty at DP criteria
Any other infraction or unsportsmanlike conduct	

*All penalties refer to the team and not to the participant, except for level 3.
Three accumulated level 1 penalties give rise to level 2 and two level 2 to level 3.*

Note: In the event that the penalty leads to the exclusion of the participant, the team may continue in the race but with one less participant as they cannot replace him.

15.5 - Forbidden products - products on the anti-doping list and excess alcohol outside the level permitted by law when on public roads are subject to control.

Art. 16 - Claims and Complaints

16.1 - Complaints - in addition to the provisions of Art. 14.2, any team has the right during the race to complain in writing to the **RD**. The decision taken will be communicated in good time.

Art. 17 - Insurance and First Aid

17.1 - Participant member of FPC, FTP or ACL - will have their participation covered by insurance included in their license.

17.2 - Non-members participants - will have their participation covered by a personal accident insurance included in the registration fee with the following coverage:

- Death and / or permanent disability – **28.141,00 €**;
- Treatment, sanitary transportation and repatriation expenses – **4.502,00 €** and deductible of **90,00 €**;
- Funeral expenses – **2.252,00 €**;

17.3 - Medical intervention rescue device - Is provided throughout the race by a specialized team working in conjunction with the Cascais Volunteer Firefighters Brigade.

The circuit video surveillance system is also active in order to help the **RD** to better monitor the race as well as the presence of emergency vehicles on the track.

Art. 18 - Personal Data - Reproduction Rights

18.1 - Use of data - **EP**, its sponsors and collaborators in the organization of this event, reserve the right to freely use, in the European Union and in all forms, the participation of competitors as well as the results obtained by them.

The event can be recorded on video (including drone) and / or photographed by the event's **EO**, for later publicity and promotion.

By registering, the participant authorizes the use of his images for the purposes referred to in the previous paragraph, without temporary restrictions and without any financial or other compensation.

The participant also authorizes the processing of his personal data by Mclerige Lda., for the purpose of managing the registration in the **24 Horas Bike Race**, and agrees that they will be contained in a computerized file of his own, for a period of 2 years knowing that you have the right to request, by email to geral@mclerige.com access to this data, limitation or opposition to its processing, portability, rectification or deletion, as well as right to complain to the CNPD (data protection national commission). The exercise of these rights does not compromise the legality of the treatment already carried out in the light of this consent, and their participation in the sporting event is impracticable, if the exercise of the rights to oppose the treatment or elimination occurs before it.

It also authorizes this data to be transmitted to the entities that collaborate with Mclerige Lda. in the organization of the sporting event, when such communication is necessary and declares that it is interested in receiving communications, related to the disclosure of other sporting initiatives and events, promoted and organised by Mclerige, Lda.

18.2 - Team captured images - participants are free to capture photographic and video images (not drones) of the event, but are also required to assign them to the **EO** upon request.

18.3 - Team advertising - in addition to the provisions of Art. 11.4, teams may display on their personal or assistive clothing, on the bicycle and helmet, advertising of brands, products or companies that are authorized by national law, not contrary to principles of good morals and customs and not of a political or religious nature.

Art. 19 - Intellectual Property - Brand

19.1 - the **24 Horas Bike Race** is a protected and registered trademark and as such its use is not authorized.

Art. 20 - Responsibilities, Security and Damage

20.1 - **EO** is responsible for organizing the **24 Horas Cascais Bike Race**.

The organizers' liability is limited to the policy coverage they have contracted with the insurance company for this event. Each participant is responsible for all the material that he / she brings for the participation in the race. Participants waive any liability to **EO** in the event of an accident, theft or destruction of their material during the three days of the event.

Art. 21 - Race Modification, Neutralization and Cancellation

21.1 - Modification - in view of cases of *force majeure*, such as those which endanger the safety of the participants and the public, the **RD** reserves the right to alter the course of the race.

21.2 - Neutralization - in case of an interruption (partial or definitive) the classification is established based on the one that occurs 15 minutes before the interruption. Once the go-ahead to continue racing is given by the organisers, the classification will be resumed from that time point.

Example: if the race is interrupted at 23:00 Saturday, the classification will be at 22:45. When the race restarts, the classification is that established at 22:45.

21.3 - Cancellation - if the minimum conditions are not met for the event to be held, the **EO** may cancel it without teams, participants, partners or service providers claiming any compensation or reimbursement, except for the registration fee.

21.4 - Cases not foreseen in this regulation - the **RD** reserves the right to decide in cases that require an emergency solution or to make any necessary changes, additions, which become immediately executable.

Art. 22 - Sporting Code - Fair Play

- **Track** - given the width of the track, it has been virtually divided into 3 lanes;
- **Normal speed** - right-most lane of the track;
- **Faster participants** - left-most lane of the track;
- **Overtaking** - should leave sufficient and safe space so as not to interfere with others;
- **Track Circulation** - as much as possible in a straight line avoiding sudden, lateral displacements;
- **Respect** - must be respected each other physically and verbally, avoiding abusive, profane or obscene language and must not interfere bodily or with the bicycle;

*In an endurance race nothing is gained in the first minutes,
but much can be lost.*