



6h / CASCAIS
BIKE RACE



28 MAY 2022
ESTORIL AUTODROME



McLerige

CASCAIS



FEDERAÇÃO
PORTUGUESA
DE CICLISMO

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Art. 1 - Presentation, Contacts and Stewards

1.1 - Event name - 6 Horas Cascais Electric Bike Race.

1.2 - Date – 28 May 2022

1.3 - Event type - endurance cycling event in relay for teams at the Estoril Autodrome Circuit. The winner will be the team that completes as many laps as possible on the 4.163 meters long Estoril race track within 6 hours, under the terms and rules of the present regulations. In the case of participants with the same number of laps, the order of passage at the finish line at the end of the race will be taken into account. In case of exaequo, it will be decided in favor of the fastest lap in the race and if it remains, it will be decided by whoever made it first.

1.4 - Under the auspices - Portuguese Cycling Federation (**FPC**) and also the support of the Lisbon Cycling Association (**ACL**)

1.5 - Event organiser ⁽¹⁾

Company	Mclerige Lda
Represented by	Manuel de Mello Breyner and Pedro de Mello Breyner
Address	R. São João de Deus 1, Bl. B, Lj. 2, Qta. da Oliveira, 2500-885 C. da Rainha
Email	geral@mclerige.com

(1) From now on designated as EO

1.6 - Race organisation

Cargo	Name
Sporting Organization	A.C.D.M.E. - Associação de Comissários de Desportos Motorizados do Estoril
Race Director - RD ⁽¹⁾	A.C.D.M.E. - Carlos Lisboa
Race Director Deputy	A.C.D.M.E. - Fátima Carrasqueira
Technical Commission - TC ⁽¹⁾	FPC - Federação Portuguesa de Ciclismo
Pit Marshals - PM's ⁽¹⁾	A.C.D.M.E.
Track Marshals - TM's ⁽¹⁾	A.C.D.M.E.
Medical Assistance	To be defined
Media and VIP Responsible	To be defined
Timing	To be defined
Ranking and Classification	To be defined
Participants Relations	To be defined

⁽¹⁾ From now on designated as (**RD**; **TC**; **PM**: **TM**)

Art. 2 - Regulations - 6 Horas Cascais Electric Bike Race

2.1 - Available - full regulations are available for consultation and download at our official site www.24hbikerace.pt.

2.2 - Acceptance and observation - by formalizing registration to this event, the participant understands and agrees to accept, respect and comply with the rules of the regulations, reserving the **RD**, the right to apply sanctions, which may result in exclusion or disqualification from the race, to those who do not respect it, or in any way, harm the good name, image and prestige of the race or any of its promoters. No liability can be attributed to **EO** for any damages that may result from such a decision.

2.3 - Annexes and additions - they are prepared by the **EO** and are intended to modify, clarify or complete these regulations, and therefore became an integral part of these with immediate effect.

2.4 - Official text - this regulation is also drafted in French and Portuguese. In case of any divergence of interpretation, the Portuguese text shall take precedence.

Art. 3 - Participants - General Points

3.1 - Participants - the **6 Horas Cascais Electric Bike Race**, is an event open to participants of any nationality, licensed or not, and each participant can only be part of one team

3.2 - Licensed participants - must physically present their license at the registration desk and include their licence number on registration form.

3.3 - Non licensed participants - can enter the competition but must subscribe to an insurance which is included within the entry fee.

3.4 - Minors participants - are allowed to participate in the event as long as they are 15 years old or complete it in 2022, when inserted in Sport, Open or Friends teams according to table 7.1. Their registration must be authorized by those who have parental responsibilities. The total time on the track is limited according to:

<15 years up to 2H30 or 70 km

<17 years up to 3:30 am or 100 km

3.5 - Paracycling participants - can enter the competition but must physically present their license at the registration desk and include their number on registration form.

Art. 4 - Team- Team Leader, Assistants and Children

4.1 - Team - includes the participants and the team leader. The same person can undertake both functions.

4.2 - Team leader - will act as spokesperson for the team when communicating with **EO** and **RD**. Such a person will also have access to the pit wall and relay zone.

4.3 - Assistants - these can be auxiliary staff of the organisation or the guests of the participants but they will only access to the pits, terrace and Paddock Village.

4.4 - Children - will only have access to the Paddock Village when accompanied by guardian/s. Guardian/s must take responsibility to ensure that children do not interfere in any way with the functioning of the participants in the Paddock Village.

Art. 5 - Equipment

5.1 - Authorized bicycles - Pedal-assisted electric road and mountain bikes only.

- electric auxiliary motor with a maximum of 250 watts
- assistance exclusively when pedaling, although assistance is allowed at start up to 6 km / h without pedaling.

- all types of authorized bicycles can coexist within the same team.

5.2 - Non authorized bicycles - Throttle-assisted electric bikes and those that are non-electric. Also, the ones that are fitted with accessories that can increase the risk of injury in the event of an accident.

5.3 - Battery - its replacement prohibited.

5.4 - Helmet - is mandatory and must be properly fastened whenever the bike is moving with the participant on board, be it in the pit lane, relay zone or track.

5.5 - Clothing - for a better identification of each team it is recommended that all team members wear similar clothing (colors and logos).

Art. 6 - Entries - Registration Terms

6.1 - Where - only on the website www.24hbikerace.pt.

6.1.1 - When - from 09:00 AM January 30th 2020 until 24:00 May 8th 2022, with standard entry fee until March 31 and aggravated entry fee after March 31 according to the table published in Art. 7.2.

6.2 - Team registration - must indicate the category to which they have subscribed, as well as the names of their participants, and will be only considered effective after payment.

6.2.1 - Assignment of competition number - upon registration and by order of arrival.

6.3 - Replacement of a team member - may be made until the closing date of entries. After this date will only be allowed with **EO** authorization and duly supported justification.

6.4 - Team name - when registering, the Team leader must indicate a team name which may be a club, association, group, sponsor, etc. **EO** reserves the right to refuse the name if it is or may be considered offensive, misfit or with political or religious connotations.

6.5 - Entry payment - it is made through **VISA** payment on the official website.

6.6 - Accreditation - at the Estoril Autodrome in a place to be designated, either by the team leader on behalf of the team, or by each individual team member, who must present identification documents or legible copies thereof and valid license in case of **FPC** or **ACL** participants.

6.7 - Participation kit - a bag with all the information about the race, identification bracelets and access to the different spaces is given to the team leader or his team members. These bracelets must be immediately placed on one wrist of each participant.

6.8 - Scrutineering - will take place at the Estoril Autodrome after accreditation, in a place to be designated, for verification of security items (brakes and lights).

6.9 - Timing chip and battery seal - timing chip must be mounted on one of the forks of the bike and must remain until the end of the race, not being allowed to exchange chips. An inviolable seal is placed on the battery and it must remain intact until the end of the race. After this operation the participant receives the **Verified** seal.

Art. 7 - Team Categories - Registration Fees

7.1 - Categories - participants can be registered in teams according to the number of members and their gender, as shown in the table below.

Categories					
Duo	(2 Participants)	Male	Female	Mixed	Adults
Sport	(3 a 4 Participants)	Male	Female		Adults and 1 minor
Open	(5 a 6 Participants)	Male	Female		Adults and 2 minors
Friends	(7 a 8 Participants)	Male	Female		Adults and 3 minor

7.2 - Registration fee

Categories	Participants	Until 31 March 2022	After 31 March 2022
Duo	2	60 €	80 €
Sport	3 or 4	90 € ou 120 €	120 € ou 160 €
Open	5 or 6	150 € ou 180 €	200 € ou 240 €
Friends	7 or 8	210 € ou 240 €	280 € ou 320 €

(All values include TVA 23%)

Note: The maximum number of accepted entries is 50 teams however for safety or logistical reasons this number may be changed by **EO**.

7.3 - Special fee - federated athletes from **FPC** or **ACL** benefit from a reduction of **5,00 €**.

7.3.1 - Registration closes - 24:00 May 8th 2022.

7.4 - Registration includes:

- Participation in **6 Horas Cascais Electric Bike Race**;
- Front number identification panel;
- Access to Paddock Village, street food area and programm activities;
- Allocated space within one of the pits or in a joint tent;
- Gift kit for each participant;
- Access to the supply zone (water and fruit);
- Access to interior parking on the paddock subject to availability;
- Access to toilets and showers;
- Access to power and free WIFI;
- Safety conditions implicit in a closed circuit;
- Track marshals throughout the track;
- Pit marshals;
- Logistics and organization with experience in closed-circuit competitions;
- 6 hours medical assistance;
- Access to the technical assistance zone;
- **Timing System**
- Supply of a fixed active electronic chip, to be attached to the bicycle;
- Live race classifications on screens within the Paddock Village
- Online access to live race classifications by mobile phone or PC, in their own application;
- Final classifications and diplomas after the race (digital version on the official website);
- **Access to Paddock Village**
- Exhibition areas;
- Various animations;
- Demonstrations and beginners guide to all types of bicycling;
- Sponsors stands;
- Pop/Rock concert, Saturday at 21:30;

Art. 8 - Identification - Number and Attachments

8.1 - Color and ID number - all fronts panels will have the same base color and a different number depending on their category, followed by a letter in case of two or more participants.

8.2 - Front number attachments - each participant must attach their allocated front number identification panel to the front of their bike, otherwise, **TM's**, **PM's** and **RD** will prevent them from accessing the track. It is the responsibility of the Team leader to ensure that the correct number is attached to the bicycle of the corresponding participant.

Art. 9 - Camping Cars, Barbecues, Toilets, Showers and Parking

9.1 - Camping cars - the registration fee includes the possibility of access to this free space, but this is limited and an assigned on a first-come-first-served basis.

9.2 - Barbecues - are **NOT** allowed in any area of Estoril Autodrome.

9.3 - Toilets and showers - available at Estoril Autodrome facilities and also next to Paddock.

9.4 - Access to interior parking - entrance of cars to the Paddock will be through the tunnel of from which car parking will be signposted. In the table below you can check the number of people included in the registration and the number of cars that have access to the parks, always subject to availability.

Categorie	Participants	Team leader and Assistants	Car access
Duo	2	1 + 4	2
Sport	4	1 + 7	3
Open	6	1 + 11	4
Friends	8	1 + 15	5

Art. 10 - Food Area

10.1 - Food area - located in Paddock Village with distinct areas:

Art. 11 - Space - Pits

11.1 - Team - each team has a space allocated within a pits or tent that will be allocated by **EO**.

11.2 - Interdictions - it is forbidden in the pits to smoke, use musical devices, electric plates or barbecues.

11.3 - Sleeping bags or campaign beds - may be installed in their respective spaces.

11.4 - Advertising - in order to provide maximum exposure for team sponsors, teams can place canvases, flags or beach flags in their space by means of clamps or stickers. It is forbidden to drill holes in the walls or any other surface of the premises. Teams are responsible for removing all advertising they place.

11.5 - Technical assistance zone - a specific area dedicated to the repair and maintenance of bicycles is available.

Art. 12 - Ambient - Venue

12.1 - Respect for the venue and environment - Estoril Autodrome kindly welcomes the **6 Horas Cascais Electric Bike Race** and its participants, with great pleasure and consideration. In order that everything goes according to plan, **EO** invites everyone to respect the place and the environment, keeping it clean during and after the race. For safety and hygiene reasons, it is forbidden for participants and assistants to throw garbage or urinate onto the track.

Art. 13 - Programme - Race Schedule**13.1 - Program and schedule****Friday - May 27**

- Opening of the Accreditation;
- Access to Camping Cars Area;
- Scrutineering;
- Chips instalation;
- Track Testing;

Note: when testing the track, please pay attention to people and cars that are still working on the track set Testing is your own responsibility and can only be done on your bicycle.

Saturday - May 28

- Accreditation, Scrutineering and Chip installation;
- Track Testing;
- Briefing;
- Starting Grid procedure;
- Race Start at 14:00 with the duration of 6 hours;
- Return of Chips, according to Art. 13.16;
- End of Race at 20:00 and Award Ceremony at 21:00;

Date	Day	Hour	Item	Where
30 Jan 2020	Thursday	09:00	Registration Open	www.24hbikerace.pt
8 May 2022	Sunday	24:00	Registration Closes	
20 May 2022	Monday	15:00	Entry List Publication	

Date	Day	Hour	Item	Where
27 May 2022	Friday	16:00	Accreditation open	Estoril Autodrome
			Access to Camping Car Area	
		16:30	Scrutineering and Chips installation	
		19:00 ⇔ 21:30	Track Testing	
		21:30	Accreditation Close	

Date	Day	Hour	Item	Where
28 May 2022	Saturday	08:00 ⇔ 10:00	Accreditation, Scrutineering and Chip installation	Estoril Autodrome
		08:00 ⇔ 09:00	Track Testing	
		11:15	Entry List Publication	
		11:30	Briefing	
		13:00	Starting Grid procedure	
		14:00	Start of the 6 Horas Cascais Electric Bike Race	
		19:00	Return of chips and provision of the Finisher Kit	
		20:00	End of Race	
		20:15	Provisional Final Classification	
		20:45	Official Final Classification	
		21:00	Awards Ceremony	

13.2 - Briefing - in order to ensure the smooth running of the race and to maximize safety on the track, a briefing will be held on Saturday morning at a designated location, which is mandatory for all team leaders and strongly recommended for participants.

13.3 - Timing - chips must be firmly secured at the place indicated by the **TC** so that all laps of each participant and team are counted.

13.4 - Race - takes place on the main track of the Estoril Autodrome Circuit, with a perimeter of 4,163 meters and clockwise. The route is illuminated to its full extent during the night time. Only duly identified medical, press or organisation cars / motorcycles may circulate on the track. It is expressly forbidden to drive in the opposite direction to the race (anti clockwise) on the track, pit lane and relay zone.

13.5 - Starting grid - the starting lineup will be take the form of the original **spine Le Mans car race start**, where on one side of the track the first participants of each team will line up ordered by number assigned at entry (lowest to highest) and category (*Duo, Sport, Open and Friends*) with the participant who will start the race for each team properly equipped and mounted on his bike. All **6 Heures Cascais Electric Bike Race** participants will be positioned on the starting grid after the last **24 Horas Cascais Bike Race** participant.

13.6 - Starting procedure - when lowering the national flag to start the race, another member of the team on the other side of the track will run towards their team member (opposite) and after touching the left shoulder and passing behind, the first participant can start the race. For safety reasons, pushing the bike is forbidden.

13.6.1 – Start delayed - due to *force majeure* reasons, the **RD** reserves the right to delay the start, a decision to be announced by the microphones and at the screens.

13.7 - Relay - is the act of exchanging a participant / bicycle of the same team. The operation takes place in the relay zone in front of your box.

13.8 - Participants supply - there is a dedicated area for liquid and solid supply. It is forbidden to receive any supplies from the spectators or team members along the track. Transport of liquid container is permitted, although properly secured.

13.9 - Fault - repair and breakdown - in this case the participant must immediately leave the track for the grassy side area and go to the nearest marshal post. Then you can try to solve it yourself or with the help of another participant or a member of your team, from which you can receive the replacement part. After the repair, the participant must inform the marshal his intentions to rejoin the track. In case he can not solve the problem, he must inform the **TM** and go to his pit, using the service roads of the Autodrome. Only after his arrival at the pit will the **PM**, allow another team member to rejoin the race.

13.10 - Accident or fall - if medical assistance is required during the race the participant requiring assistance can only rejoin the race after clearance from the medical team. Otherwise, the **TM** will inform the organisation team of the withdrawal of the team member and only then can another team participant be allowed to rejoin the race. This information will be detailed on the race screens.

13.11 - Withdrawal of a participant - In this case the **TM** should remove the chip and try to get it to the timing company as soon as possible. The abandoned participant cannot be replaced.

13.12 - Team withdrawal - if a team decides to abandon the race, it must immediately inform a **PM** and return the chips to the timing company.

13.13 - Race strategy - the management of race strategy and relay management are free, although there is a minimum time spent on track per element of one hour accumulated over the full duration of the race.

13.14 - Pit lane speed - is automatically controlled by the chip and cannot exceed 20 km/h, otherwise the team will be penalized.

13.15 - End of race - the race ends 6 hours after it has started (except in cases of *force majeure*) after showing the chequered flag. All those who start a lap by 19:59:59 Saturday May 30 must finish the lap for it to be counted. All others passing the finish line after the checkered flag must continue and complete

that lap which they started, although not counted, and in the end enter the Pit Lane. In case of *force majeure* to be decided by the **RD**, the end of the race may be terminated early.

13.16 - Chips return - from 19:00 on Saturday, participants who no longer will be on the track, must go to the designated area and return their chip to the timing company.

Art. 14 - Rankings and Awards

14.1 - Classifications - all categories compete for the Overall Classification, and also for the classification of the respective category. They are available in real time (online) on the competition website, through the available Paddock screens and on their devices (mobile phone included).

14.2 - Provisional final classification - published online at the screens, is available for 30 minutes, with teams having the right to make any claim or complaint during that period.

14.3 - Official final classification - following any adjudications from claims or complaints based on the provisional classifications, the final overall classifications and category classifications will be published.

Note: In order to be classified at the end, a team has to have covered at least 40% of the distance or laps that the 1st classified overall team have undertaken.

14.4 - Classifications and special awards - to be announced in due course.

14.4.1 - Older and younger participant award - will be given regardless of category and may belong to the same team.

14.5 - Awards - the **6 Horas Cascais Electric Bike Race** winner's cup and title is awarded to the team 1st classified overall, whatever the category. There are also team cups up to 5th overall, as well as cups / trophies for the first three teams, as well as their team leader, classified into the following categories:

Duo	Sport	Open	Friends
1 ^o , 2 ^o e 3 ^a Male	1 ^o , 2 ^o e 3 ^a Male	1 ^o , 2 ^o e 3 ^a Male	1 ^o , 2 ^o e 3 ^a Male
1 ^o , 2 ^o e 3 ^a Female	1 ^o , 2 ^o e 3 ^a Female	1 ^o , 2 ^o e 3 ^a Female	1 ^o , 2 ^o e 3 ^a Female
1 ^o , 2 ^o e 3 ^a Mixed	1 ^o , 2 ^o e 3 ^a Mixed	1 ^o , 2 ^o e 3 ^a Mixed	1 ^o , 2 ^o e 3 ^a Mixed

Art. 15 - Penalties and Controls

15.1 - Random controls - will be performed by **PM's** and **TM's** during the race in order to ensure the proper functioning and safety of the same.

15.2 - Infractions - **PM's** and **TM's** will seek to ensure compliance with the rules and good sportsmanship, advising the **RD** of any infractions that may have occurred, and penalties which may even include exclusion.

15.3 - Unsporting behavior - when understood as such, this may also be penalized depending on the degree of risk imposed on other participants.

15.4 – Penalties

Level 1	Warning
Overspeed on pit lane between 21 and 30 Km/h	
Intervention in the relay of unauthorized persons	
Relay out of zone	
Physical towing or being towed by another participant	
Going onto the track without secured helmet (pit lane entrance on next lap)	
Going onto the track without front race identifiers (pit lane entrance on the next lap)	

Level 2	1 lap penalty
Early or false start	
Overspeed on pit lane more than 30 Km/h	
Not respecting PM's and TM's decisions	
Throwing objects onto the track	
Stopping on the track to wait for another participant or to urinate on the track	

Level 3	Exclusion/Penalty
Aggression to another participant	Participant exclusion and 1 lap penalty for the team
Broken or tampered battery seal	
Others	Penalty at DP criteria
Any other infraction or unsportsmanlike conduct	

All penalties refer to the team and not to the participant, except for **level 3**.
Three accumulated **level 1** penalties give rise to **level 2** and two **level 2** to **level 3**.

Note: In the event that the penalty leads to the exclusion of the participant, the team may continue in the race but with one less participant as they cannot replace him.

15.5 - Forbidden products - products on the anti-doping list and excess alcohol outside the level permitted by law when on public roads are subject to control.

Art. 16 - Claims and Complaints

16.1 - Complaints - in addition to the provisions of Art. 14.2, any team has the right during the race to complain in writing to the **RD**. The decision taken will be communicated in good time.

Art. 17 - Insurance and First Aid

17.1 - Participant member of FPC or ACL - will have their participation covered by insurance included in their license.

17.2 - Non-members participants - will have their participation covered by a personal accident insurance included in the registration fee with the following coverage:

- Death and / or permanent disability – **28.141,00 €**;
- Treatment, sanitary transportation and repatriation expenses – **4.502,00 €** and deductible of **90,00 €**;
- Funeral expenses – **2.252,00 €**;

17.3 - Medical intervention rescue device - Is provided throughout the race by a specialized team working in conjunction with the Cascais Volunteer Firefighters Brigade.

The circuit video surveillance system is also active in order to help the **RD** to better monitor the race as well as the presence of emergency vehicles on the track.

Art. 18 - Personal Data - Reproduction Rights

18.1 - Use of data - **EP**, its sponsors and collaborators in the organization of this event, reserve the right to freely use, in the European Union and in all forms, the participation of competitors as well as the results obtained by them.

The event can be recorded on video (including drone) and / or photographed by the event's **EO**, for later publicity and promotion.

By registering, the participant authorizes the use of his images for the purposes referred to in the previous paragraph, without temporary restrictions and without any financial or other compensation.

The participant also authorizes the processing of his personal data by Mclerige Lda., for the purpose of managing the registration in the **6 Horas Cascais Electric Bike Race**, and agrees that they will be contained in a computerized file of his own, for a period of 2 years knowing that you have the right to request, by email to geral@mclerige.com access to this data, limitation or opposition to its processing, portability, rectification or deletion, as well as right to complain to the CNPD (data protection national commission).

The exercise of these rights does not compromise the legality of the treatment already carried out in the light of this consent, and their participation in the sporting event is impracticable, if the exercise of the rights to oppose the treatment or elimination occurs before it.

It also authorizes this data to be transmitted to the entities that collaborate with Mclerige Lda. in the organization of the sporting event, when such communication is necessary and declares that it is interested in receiving communications, related to the disclosure of other sporting initiatives and events, promoted and organised by Mclerige, Lda.

18.2 - Team captured images - participants are free to capture photographic and video images (not drones) of the event, but are also required to assign them to the **EO** upon request.

18.3 - Team advertising - in addition to the provisions of Art. 11.4, teams may display on their personal or assistive clothing, on the bicycle and helmet, advertising of brands, products or companies that are authorized by national law, not contrary to principles of good morals and customs and not of a political or religious nature.

Art. 19 - Intellectual Property - Brand

19.1 - the **6 Horas Cascais Electric Bike Race** is a protected and registered trademark and as such its use is not authorized.

Art. 20 - Responsibilities, Security and Damage

20.1 - **EO** is responsible for organizing the **6 Horas Cascais Electric Bike Race**.

The organizers' liability is limited to the policy coverage they have contracted with the insurance company for this event. Each participant is responsible for all the material that he / she brings for the participation

in the race. Participants waive any liability to **EO** in the event of an accident, theft or destruction of their material during the three days of the event.

Art. 21 - Race Modification, Neutralization and Cancellation

21.1 - Modification - in view of cases of *force majeure*, such as those which endanger the safety of the participants and the public, the **RD** reserves the right to alter the course of the race.

21.2 - Neutralization - in case of an interruption (partial or definitive) the classification is established based on the one that occurs 15 minutes before the interruption. Once the go-ahead to continue racing is given by the organisers, the classification will be resumed from that time point.

Example: if the race is interrupted at 15:00 Saturday, the classification will be at 14:45. When the race restarts, the classification is that established at 14:45.

21.3 - Cancellation - if the minimum conditions are not met for the event to be held, the **EO** may cancel it without teams, participants, partners or service providers claiming any compensation or reimbursement, except for the registration fee.

21.4 - Cases not foreseen in this regulation - the **RD** reserves the right to decide in cases that require an emergency solution or to make any necessary changes, additions, which become immediately executable.

Art. 22 – Sporting Code - Fair Play

- **Track** - given the width of the track, it has been virtually divided into 3 lanes;
- **Normal speed** - right-most lane of the track;
- **Faster participants** - left-most lane of the track;
- **Overtaking** - should leave sufficient and safe space so as not to interfere with others;
- **Track Circulation** - as much as possible in a straight line avoiding sudden, lateral displacements;
- **Respect** - must be respected each other physically and verbally, avoiding abusive, profane or obscene language and must not interfere bodily or with the bicycle;

In an endurance race nothing is gained in the first minutes, but much can be lost.